## Physical Education Grade 2

## Course #5015040

This course is designed to give students the opportunity to learn through a comprehensive sequentially planned Physical Education program in accordance with the CPALMS.org Physical Education Benchmarks. The emphasis is on how students move with one another in space. Students will learn to work cooperatively with a partner. They will learn to demonstrate the qualities of movement (space, time, force, flow, levels, directions, and pathways) as they perform a variety of fundamental locomotor (running, hopping, skipping, jumping, leading, sliding, galloping) and non-locomotor (bending, twisting, turning, rocking, swaying, balancing, stretching, pushing, and pulling) skills. Students will learn to manipulate objects with a partner (throwing, catching, striking, kicking, bouncing, and rolling). Students will learn fitness concepts and participate in a variety of fitness development exercises. Students will learn playground rules related to the use of equipment, safety and games. Units of instruction may include but are not limited to social skill development, fitness, development of movement qualities, skill development and use of manipulatives.

The content should include, but not be limited to, the following:

Core Concepts (health behaviors, disease prevention, body parts following rules and safety) Accessing Information (family rules, friend behavior, reliable resources and following rules) Internal and External Influences (warning labels and trusted adults/ professionals) Interpersonal Communication (conflict resolution, verbal and non-verbal, active listening and refusal skills) Decision Making (positive or negative health enhancing choices, healthy options) Self-Management (reducing risks) Advocacy (positive promotion, school and community rules)

<ul> <li>Perform a sequence of a variety of balances, a roll with correct technique and smooth transitions and includes transfer of weight to hands.</li> </ul>	healthy muscular strength, muscular endurance, and flexibility.	and enjoyment of physical activities.
or weight to harras.		

# Physical Education - Grade 2 (#5015040) 2022 - And Beyond (current)

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**Course Standards** 

Name

PE.2.R.5.3:	Describe the personal feelings resulting from challenges, successes and failures in physical activity.
PE.2.R.5.4:	Identify ways to successfully resolve conflicts with others.
PE.2.R.6.1:	Identify ways to use physical activity to express feeling.
PE.2.R.6.2:	Discuss the relationship between skill competence and enjoyment.



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Use patterns and structure to help understand and connect mathematical concepts.

MA.K12.MTR.5.1:

	Use benchmark quantities to determine if a solution makes sense. Check calculations when solving problems. Verify possible solutions by explaining the methods used. Evaluate results based on the given context.	
	Clarifications:         Teachers who encourage students to assess the reasonableness of solutions:         Have students estimate or predict solutions prior to solving.         Reinforce that students check their work as they progress within and after a task.	
Apply mathematics to real-world contexts.		
	Mathematicians who apply mathematics to real-world contexts: Connect mathematical concepts to everyday experiences. Use models and methods to understand, represent and solve problems. methods to improve accuracy or efficiency.	
<u>MA.K12.MTR.7.1:</u>	Clarifications: Teachers who encourage students to apply mathematics to real-world contexts:	
	<ul><li>Provide opportunities for students to create models, both concrete and abstract, and perform investigations.</li><li>Challenge students to question the accuracy of their models and methods.</li><li>Support students as they validate conclusions by comparing them to the given situation.</li></ul>	

	Indicate how various concepts can be applied to other disciplines.	
	Cite evidence to explain and justify reasoning.	
	<b>Clarifications:</b> K-1 Students include textual evidence in their oral communication with guidance and support from adults. The evidence can consist of details from the text without naming the text. During 1st grade, students learn how to incorporate the evidence in their writing.	
	2-3 Students include relevant textual evidence in their written and oral communication. Students should	
	4-5 Students continue with previous skills and reference comments made by speakers and peers.	
	students will use the form of citation dictated by the instructor or the style guide referenced by the instructor.	
	6-8 Students continue with previous skills and use a style guide to create a proper citation.	
1	Read and comprehend grade-level complex texts profici7ref*92.5 213. WBT/F1 12 Tf1 4o74.6i(lev)-7(e)4(l co	
ELA.K12.EE.2.	<u>1:</u>	

redictions about what will happen based on the title page. Students will use the terms and apply them in 2nd grade and beyond.

#### ELA.K12.EE.4.1:

<u>HE.2.C.2.3:</u>	Describe how the school and community influence health behaviors of children.
ELD.K12.ELL.SI.1:	English language learners communicate for social and instructional purposes within the school setting.

## **General Course Information and Notes**

### **GENERAL NOTES**

s B.E.S.T. ELA Expectations (EE) and Mathematical Thinking and Reasoning Standards (MTRs) for students. Florida educators should intentionally embed these standards within the content and their instruction as applicable. For guidance on the implementation of the EEs and MTRs, please visit <u>https://www.cpalms.org/Standards/BEST\_Standards.aspx</u> and select the appropriate B.E.S.T. Standards package.

#### **English Language Development ELD Standards Special Notes Section:**

Teachers are required to provide listening, speaking, reading and writing instruction that allows English language learners (ELL) to communicate for social and instructional purposes within the school setting. For the given level of English language proficiency and with visual, graphic, or interactive support, students will interact with grade level words, expressions, sentences and discourse to process or produce language necessary for academic success. The ELD standard should specify a relevant content area concept or

. To

access an ELL supporting document which delineates performance definitions and descriptors, please click on the following link: <a href="https://cpalmsmediaprod.blob.core.windows.net/uploads/docs/standards/eld/si.pdf">https://cpalmsmediaprod.blob.core.windows.net/uploads/docs/standards/eld/si.pdf</a>

QUALIFICATIONS

#### **General Information**

Course Number: 5015040

**Course Path: Section:** Grades PreK to 12 Education Courses > **Grade Group:** Grades PreK to 5 Education Courses > **Subject:** Physical Education > **SubSubject:** General > **Abbreviated Title:** PHYSICAL EDUCATION 2

**Course Attributes:** 

Florida Standards Course

Course Status: State Board Approved

Grade Level(s): 2

There are more than 960 related instructional/educational resources available for this on CPALMS. Click on the following link to access them: https://www.cpalms.org?titd0<u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org?titd0</u><u>E02.2%20palms.org</u>