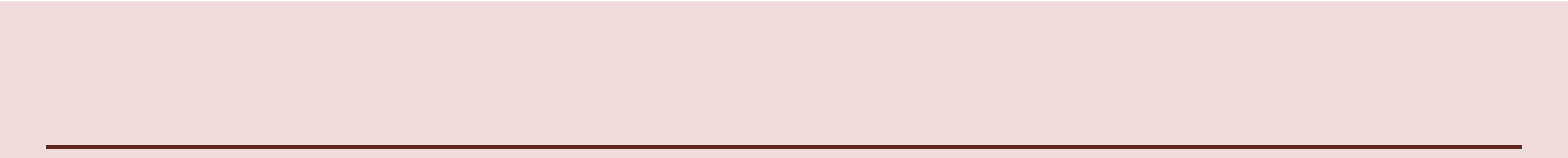


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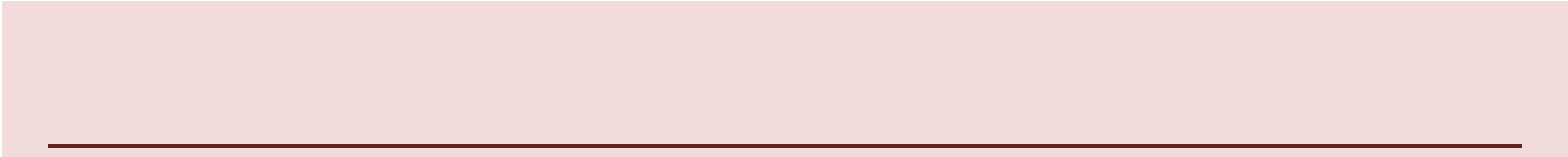
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Family Life

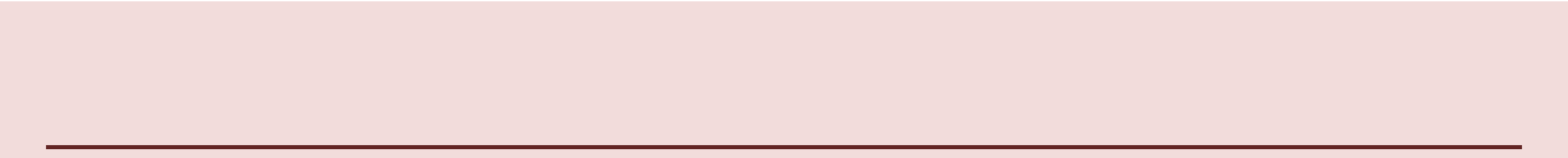
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<http://www.fldoe.org/schools/safe-healthy-schools/healthyschools/comprehensivehealth-edu.stml>

Injury Prevention/Safety (continued)	unintentional injuries (e.g., fire, bike, home, weapon and babysitting safety); survival skills; environmental hazards; personal safety precautions, including assault and child abuse neglect prevention; violence prevention; bullying prevention; internet safety; dating violence; first aid/CPR/AED and emergency health care procedures to follow in case of an injury, health problem, disaster or violence; resources and agencies; safety rules and laws; and intentional injury.	8. HEADS UP Resource Center 9. Kids Health Sun Safety 10. Poison Prevention 11. Poison Prevention Week Posters 12. Safe Youth. Safe Schools 13. Youth Violence Prevention
Internet Safety	Focuses on the knowledge of maximizing the personal safety and security risks while using the internet and the protection from computer crime and predators.	1. Cyberbullying Training Video For Teachers 2. FDOE Child Human Trafficking Chapter 3. FDOE Safe Schools Internet Safety 4. Keeping Kids Safe on the Internet 5. NetSmartz Workshop 6. Safe Florida
Mental/ Emotional Health	Focuses on human emotions (joy, anger, fear, stress, etc.) and their impact; positive coping skills, including stress management; building self-esteem; positive social relationships; responsible decision making; suicide prevention; other intentional injury prevention; depression and other mental illnesses; and communication skills.	1. CDC Health Living 2. Child Behavior Disorders 3. FDOE Safe Schools 4. Learning Disorders 5. Mental and Emotional Fitness 6. National Dissemination Center for Children with Disabilities (NICHCY) 7. National Institute of Mental Health (NIMH) 8. Positive Parenting Practices Fact Sheet 9. FDOE Student Support Services Project Instructional Support Services



Nutrition	Focuses on the importance of a balanced diet, how food provides energy and nutrients to the body; additives; activity and weight management (energy in/energy out), recommended U.S. diet guidelines; MyPlate; healthy food choices; reading and understanding food labels (selecting foods low in cholesterol, fat, sugar, salt); safe food preparation and storage; and world food supply.	1. 5210 Poster ENGLISH and SPANISH 2. CDC Eat Well Podcast 3. CDC Healthy Living 4. Drink Comparison Chart Display 5. Eating Disorder Awareness 6. FDOA Food Allergies in Schools 7. FDOA Living Healthy Florida 8. FDOA Fresh for Florida Kids 9. FDOA Summer Food Service Program 10. FDOE Healthy Schools 11. FSU Healthy Me Florida 12. Food Allergy Research & Education (FARE): Resources for Schools 13. Fruits & Veggies More Matters 14. Healthy Eating and Academic Achievement Podcast 15. Healthy Eating for a Healthy Weight 16. Let's Go! 5210 K-5 Toolkit 17. Kickin Nutrition.TV 18. National Nutrition Month 19. Nutrition Facts 20. School Health Guidelines to Promote Healthy Eating and Physical Activity 21. Super Kids Nutrition 22. Tips for Teachers I5 sg9ë •ct<-t"PXW-r #g9åyg I5 sg
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